

SWANAGE AREA FORUM

INCLUDING SURROUNDING VILLAGES

NEWSLETTER

JUNE 2020 - No. 3



Swanage & Purbeck
Development Trust

Welcome to the June edition of the Swanage Area Forum Newsletter. We have been amazed at the enthusiastic support that the newsletter has received in the community with more and more local voluntary and statutory organisations now wishing to contribute. Since the first issue in April, much has changed. Then we were living in a very restricted situation and the articles from the original contributors were dealing with the issues of dealing with the lockdown. Now we face the new scenario of a slow and careful move towards a new normality.

In this issue you will see many joyful reminders of the wonderful area that we live in, both countryside and coast; but first I would like to recommend that you start your read of this newsletter by turning to the excellent article by Dr Jason Clark of the Swanage Medical Practice explaining all the new Covid19 health and safety guidelines with such clarity.

Mel Norris, Chair Swanage Area Forum and Swanage & Purbeck Development Trustee

melvyn.norris@talktalkbusiness.net



Photograph by Gwenda Yeomans (More photographs by her inside see page 6)

Wearing face coverings in public

If you can, the government advises that you wear face coverings in enclosed public spaces where social distancing isn't possible or where you're more likely to come into contact with people you don't normally meet. For example, on public transport or in shops.

The evidence suggests that face coverings can help us protect each other and reduce the spread of the disease if you are suffering from coronavirus, but not showing symptoms. To protect yourself, you should continue to follow the two metre social distancing measures and isolation guidance and wash your hands regularly.

A face covering is not the same as the surgical masks or respirators used as part of personal protective equipment by healthcare and other workers. These should continue to be reserved for those who need them to protect against risks in their workplace. You can purchase non-surgical face coverings or you can make your own.

A cloth face covering should cover your mouth and nose while allowing you to breathe comfortably. It can be as simple as a scarf or bandana that ties behind the head.

Wash your hands or use hand sanitiser before putting it on and after taking it off and after use. Avoid touching your eyes, nose, or mouth at all times and store used face coverings in a plastic bag until you have an opportunity to wash them. Once removed, make sure you clean any surfaces the face covering has touched.

Do not touch the front of the face covering, or the part of the face covering that has been in contact with your mouth and nose. Once removed, make sure you clean any surfaces the face covering has touched. You should wash a face covering regularly. It can go in with other laundry, using your normal detergent.



SWANAGE SPECIAL AMBULANCE CAR



PETITION TO KEEP OUR CAR

We in the community really value our Paramedic Car, based at Swanage and covering Purbeck, helping to vitally support our health, and our lives.

Unlike the Swanage Ambulance, which could be in use outside of Purbeck all day, our Paramedic Car does not leave Purbeck to take patients to hospital. In an emergency, the fast Paramedic Car is often the nearest help for residents and visitors, and is able to negotiate the narrow, winding roads to get to us.

Our Paramedic Car

- Sustains life until the Ambulance arrives
- Treats many patients 'on the spot' saving valuable Ambulance time
- Supports us overnight when our Cottage Hospital is closed
- Helps Purbeck GP's with home visits

The funding for the Paramedic car is being reviewed in June. Let's all work together to keep our car! This is challenging during the lockdown, so please help to get the word out! We have an online petition, and we would like to get to at least 5,000 signatures by the end of this month.

Please sign and share:

<https://you.38degrees.org.uk/petitions/save-swanage-ambulance-car>

Other ways to sign the petition:

- Type **'Save the Swanage Ambulance Car'** into Google search; the petition will come up. The Petition is being shared regularly on Facebook, including on Swanage Community Coronavirus Response page.
- Email Swanage Town Councillor Debby Monkhouse on debmonkh@aol.com and she will send you the link.



The Swanage Medical Practice

Message from Swanage Medical Practice, Dr Jason Clark, Senior Partner

We are now 10 weeks into the Coronavirus pandemic and, thanks to the country's massive effort in social distancing, the number of cases, hospital admissions and deaths are reducing. However, there is still no vaccine nor effective treatment. There is nothing to stop a resurgence of the virus if social distancing were to be significantly relaxed, therefore we must all keep alert. The recent relaxation rules seem to have been chosen to enable people to get out and about more in a way that keeps risks of transmission between households as low as possible.

It has now been shown that young children do not have many of the virus receptors in their lungs so are less likely to catch it or pass it on. The virus is mostly spread by droplets, from breathing and especially coughing, but these all fall to the ground within 2 meters. The surface they land on is then contaminated. The virus only persists for up to 3 days on ideal, damp, cool, smooth surfaces. Sunlight speeds its deactivation and outside the virus disperses much more quickly with the wind. Sunlight is also needed for vitamin D production; low vitamin D levels seem to cause a susceptibility to the virus. For those who haven't been out very much vitamin D supplements are advised and are available from the chemists.

All this means that going outside and passing others at more than 2 meters without touching any surfaces is going to be low risk. Spending time inside with a group of others, even if 2 meters apart, is going to be a greater risk, especially once you start touching lots of surfaces. This is when you need to use your mask and ensure you wash your hands hourly. The latest Bank Holiday has shown us that the rest of the country has decided to make use of our beautiful beach and countryside. Given the lack of overseas holidays, I can see this is rapidly going to increase as rules are relaxed.

For those who have been staying in up till now, but not shielding, I think now is the time to start going out to exercise, but choose a route and a time that avoids as many other people and visitors as possible. Early morning and after 5pm seem to be quieter in Swanage. The sea front and town centre at mid-day are not the places to be.

GOOD NEWS

Testing for anyone with symptoms of Coronavirus is now available via the GOV.uk website (*also, see separate item in this Newsletter*) so as soon as you have symptoms, start isolating and contact them for testing. This is a swab test to see if you actually have the virus at the time they do the test. The test is very good at proving you have Covid19 if it comes back positive, but isn't good enough to absolutely prove you have not got it or have just had it. Covid19 antibody tests have been started for staff and patients at Poole Hospital and are going to be made available to other NHS and care staff soon, followed by other patients later. This is a blood test. The scientists have

finally decided that the tests now purchased for the NHS accurately reflect that you have had the Covid19 virus rather than the common cold which is in the same family. So, by the time of my next letter, we may have a better idea whether those who thought they had had Covid19 in Swanage did so and whether others have had it without knowing.

The hope is that, if you are shown to have antibodies, then you may be immune from catching it again. This is not yet known, so whatever the result, social distancing and isolating will still be needed, in case immunity is only short lived. The more antibody testing that is done, the sooner we will know what level of immunity is gained and for how long after an infection with Covid19.

THANK YOU

I would like to give great thanks for the significant support both in actions and messages we have received over the last 10 weeks; it is most appreciated and significantly helps our work.

I would particularly like to thank all the staff and my colleagues at the health centre. The cleaners, admin team, secretaries, receptionists, health care assistants, phlebotomists, practice nurses, paramedics, district nurses and our manager have all gone the extra mile to keep your service running. I am extremely grateful to them for their willingness to take on new ways of working and provide the best service we can for the town and our patients. I would like to thank everyone's hard work at staying at home and socially distancing. I feel that without all the effort Swanage has put into this we would be have been struggling to maintain our service at the Health Centre.

RESET AND RECOVERY

Inside the surgery we have seen a gradual rise in the number of patients booking appointments of one sort or another. We are starting to bring more patients along to be seen when online, phone, or video consultations are not appropriate. Fifteen percent of all our patients are now signed up for electronic repeat dispensing so neither they nor their chemist have to put requests in for prescriptions each month. Please ensure you check with the chemist each time you collect a prescription that you need all the items issued and let them know of any irregular items you will need next time. More patients are taking up online prescription requesting, putting you in even better control of your medication.

Despite us seeing more patients at the Health Centre, we have no reception facilities available from the front counter, so please do not just drop in in the hope of booking an appointment. Please continue to use other channels to keep both you and our staff safe.

We have an intercom on the front door for our staff and to let in those with pre-booked appointments. We ask patients to approach this up the slope from the Station Roadside and observe the social distance markings up that slope when having to wait for access, and to leave the surgery via the slope towards the Co-op car park. *Continued*

Continued To keep you all informed, in addition to our web site, we have now set up “The Swanage Medical Practice” Facebook page.

This year we have 2 more doctors retiring and are still actively trying to recruit to fill their positions with either new General Practice Partners, salaried doctors, nurse practitioners or paramedics. If you have any contacts you think may be interested please let us and them know.

EXERCISE SOCIALISING

As suggested above given our current good weather and the expectation that the town is likely to continue to get busier, now is the time to get the legs moving a bit more. If you have older relatives or neighbours who are not shielding, start to help them get out in a safe way. If you have a nice garden, then inviting them to walk round to sit in it and chat keeping a 2-meter distance may transform their day.

SUMMARY

Continue to stay at home and Socially Distance

Isolate and get tested if have symptoms (swab)

Get tested(antibody) if you do a high-risk job and think you may have had it

Use NHS 111, E- consultations, Telephone and video Consultations

Use Electronic Repeat Dispensing or Online Prescription requesting

Support the Very High-Risk group to shield

Help everyone to exercise

Keep in contact on Facebook or the website.

Dr Jason Clark, Senior Partner

<https://www.swanagemedical.org.uk/pages/Coronavirus-Support>



**The Swanage
Medical Practice**



A message from the Mayor of Swanage, Councillor Mike Bonfield

These last nine weeks could have been so much harder had we not been blessed with such good weather. On the 15th May the council welcomed back the Fruit & Veg Market to main beach car park; it was well attended and everyone observed the social distancing that we all have to follow.

We have now opened the main beach car park and toilets and will monitor how this works. You may also have noticed that, as a safety measure, the designated swimming area has been marked out in the bay and the 5knot speed limit buoys have been put out.

Naturally, our Council work has had to change and we have been having regular updates from the Council Management team. As mentioned in the last Newsletter we are hopeful of having a ‘virtual’ council meeting this month.

It was no easy task when the improvement works on Institute Road were restarted in early May under social distancing measures. The quieter streets made progress somewhat easier and everyone has been patient throughout the job; some initial issues with the temporary traffic lights aside! If all goes well, Rhino Print intend to start laying their surface treatment from 1st to 17th June. It will be installed overnight and may require some weekend working, but this still has to be established. Our thanks to Dorset Highways and their workers for all their efforts to complete this project.

We are already seeing more visitors to the area since the government relaxed the rules but if everyone carries out the guidelines, wash hands regularly, keep social distance (2 meters) and always respect everyone else, we can look forward to a slow return to some form of normality.

I must thank all the emergency workers who have carried out their work during this time. We all need to think of firefighters from Dorset and further afield who recently had such a terrible week with the fire in Wareham Forest.

KEEP WELL - KEEP SAFE

information on Town Council services is available on the council's website www.swanage.gov.uk and Facebook Page:

<https://www.facebook.com/pg/swanagetowncouncil/posts/>

For detailed help and advice you can call Dorset Council's helpline between 8am-8pm seven days a week on **01305 221000**.



FRIENDS OF SWANAGE HOSPITAL

<https://www.friendsofswanagehospital.org.uk/>

CHAIR, JAN TURNBULL WRITES:

Dear Friends

Terry Buck our Treasurer has done it! He has completed his 1,000 mile sponsored walk to raise funds for our hospital because our regular Summer Fete cannot go ahead this year. His goal was £1,000 (a pound a mile) but as I write, he has raised almost £3,000 and this is still rising. Here, in his own words, is his message to you all.



Terry Buck finishes his 1,000 mile walk, to the delight of staff at Swanage Hospital

“I am delighted to tell you that I completed 1,000 miles when arriving at Swanage Hospital on the morning of 21 May (see above). I can’t thank you all enough for your fabulous support and your extremely generous donations, which so far has brought £2,909.75 to the hospital. You are truly amazing.

“Now that I have completed the challenge, if there is anyone left out there who would like to donate to help our NHS heroes then you can do so by going to the Friends of Swanage Hospital website and following the instructions below ‘Terry’s Sponsored Walk’. Or you can send a cheque made out to ‘Friends of Swanage Hospital’ to Swanage Hospital, Queens Road, Swanage BH19 2ES.

“Thank you all again for a magnificent effort at a time when we can’t fundraise normally.”

Terry Buck, Treasurer

(There is a video of the fantastic reception from the hospital staff on the Swanage Facebook site)



SWANAGE SPECIAL AMBULANCE CAR

Remember to sign and share the petition:

<https://you.38degrees.org.uk/petitions/save-swange-ambulance-car>



“HELLO” FROM THE FRIENDS OF WAREHAM HOSPITAL

The Friends of Wareham Hospital are pleased to say that Wareham Hospital has been providing valuable Purbeck services during the Coronavirus pandemic despite not having in-patient beds. At the beginning of the pandemic and with less than 24 hours notice staff set up a coronavirus screening centre and the hospital now provides a “hot” clinic run by Purbeck GPs who work on a rota system to see patients who are likely to be Covid-19 positive. The hospital provides the ideal clinical setting and facilities for this work and saves attendance at GP surgeries in Purbeck if coronavirus is suspected.

The geography of the hospital site has enabled some clinics to continue to be held including the valued Chemotherapy clinic, community mental health clinics and a warfarin clinic and some clinics have been held ‘virtually’ including the CFS/ME clinic. Matron Donna and her team are now looking at the possibility of reinstating more clinics either by face-to-face consultation or carrying them out ‘virtually’, but planning is in the early stages.

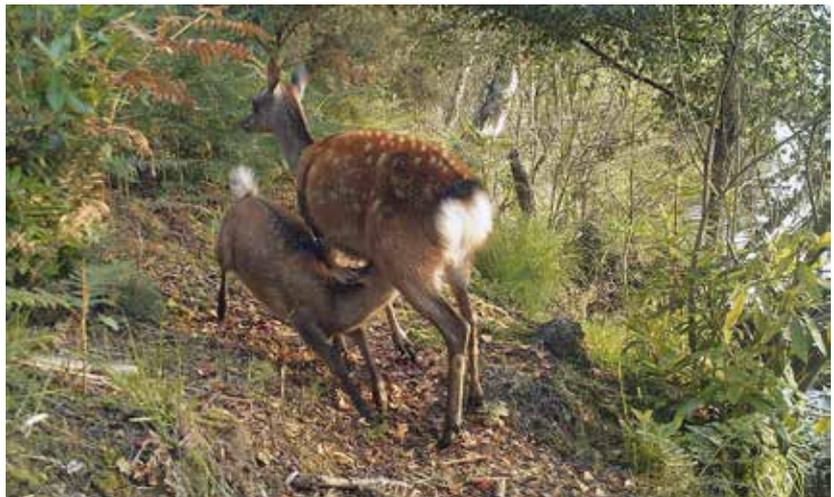
The Friends also support the services coordinated through the Community Hub in Bonnets Lane where we know staff have worked tirelessly to support the Purbeck locality, changing shifts, working flexibly and working together - NHS Heroes all of them!

Any donations to support these staff and community services would be gratefully received and can be made through Wareham Hospital Friends, Streche Road, Wareham BH20 4RN

MAGGIE HARDY, FRIENDS CHAIR

Charity number 252073

A PAGE OF PHOTOGRAPHS OF PURBECK BY GWENDA YEOMANS
TO CHEER DURING LOCKDOWN





Dorset
Council

first point

COVID-19 and Emergency Local Assistance (ELA)

ELA has been a valuable resource to Dorset residents for a number of years, providing practical and financial support to individuals and families in a time of crisis or extreme financial hardship. In response to COVID-19 and to ensure that we continue to provide support to our communities in these uncertain times, the support that can be provided by ELA has changed slightly to reflect demand.

What support is available?

Now, rather than receiving a ready-made food parcel we are providing a pre-paid card that will allow you to purchase food and essentials for yourself and your family. If you are self-isolating or you are having difficulty getting to the shops (e.g. mobility, transport) then we can make a referral to our partner agency Dorset First Point who can collect the 'essentials' you require and drop-off at your property. Dorset First Point can provide guidance around benefits, housing, budgeting or linking you to a more local resource in your community.

We can also provide support with utilities. We can check that you have maximised the offers provided by your utilities provider, or we will try to make a top-up payment on your behalf either over the phone or on-line whilst we are talking to you. If this is not an option with your particular energy supplier, we will again send out a pre-paid card.

Although food and utilities are the focus, if you are an organisation working with somebody who is experiencing circumstances such as leaving hospital or being housed temporarily, and they do not have the necessary basics at home (e.g. bed or cooker) please get in touch and we will see if we can help. There may be some funding available or we may be able to link you to other useful local resources.

How to contact Emergency Local Assistance?

ELA can be accessed as a self-referral or with the support of another organisation and can be accessed via telephone, Monday to Friday 8.30 – 5.00 on:

0330 1234 225



Dorset
Council

SCAMS ARE INCREASING PLEASE READ THE FOLLOWING CAREFULLY

News from Trading Standards

Warning about scams

Fraudsters are increasingly targeting the public and organisations with emails, texts, phone calls and WhatsApp messages offering advice and treatment for the coronavirus, as well as setting up fake websites selling products and offering 'cures'.

Scammers have also been setting up bogus websites asking for donations for victims or promoting awareness and prevention tips.

Cold callers have been contacting organisations suggesting they must have certain measures in place by a certain deadline.

To help members of the public protect themselves from becoming a victim of fraud, the advice from Dorset Council Trading Standard is:

- Be sceptical if you receive an email, text or WhatsApp message about the coronavirus, and never click on any attachments or links
- Never provide personal data such as your full name, address and date of birth – scammers can use this information to steal your identity
- Don't allow yourself to be pressured into donating money, and never make donations by cash or gift card, or send money through transfer agents such as Western Union or Moneygram
- If you think you've been the victim of a scam, then speak to your bank immediately and report any fraud to Action Fraud on 0300 123 2040

Further information on dealing with scams and fraud is available from the Citizens Advice Consumer Service at <https://www.citizensadvice.org.uk/consumer> or by calling their new freephone number: **0808 223 1133.**



Creating neighbour support to help each other
 Have a cough and/or fever? Your household should Stay Home
 over 70, pregnant or have health problems? Stay Home
 IF YOU ARE UNWELL - VISIT 111.NHS.UK

SWANAGE COMMUNITY CORONAVIRUS RESPONSE GROUP

SWANAGE NEIGHBOURS are coordinating the **Swanage Community Coronavirus Response Group**, formed to share information and support at this dreadful time. It is proving to be a life-saver for some; and we are very pleased to 'be there' for our community.

Our role is two-fold:
 We're here if you need our help -
 or if you would like to join us to help others

**To contact us for more information:
 If you don't have internet access please call**

The Response Team on 01929 253108

OR

On Facebook

<http://www.sandpdt.org.uk>

Or

<https://www.swanage.gov.uk>



CORONAVIRUS (COVID-19) NEWS & UPDATE

Car parking charges reinstated

Although car parks at visitor destinations, including beaches and country parks, across Dorset will stay closed for the time being, we have reintroduced parking charges in our car parks that have remained open through lockdown. This follows the easing of lockdown restrictions by central government.

To reduce physical contact with ticket machines, all open car-parks across the Dorset Council area will only accept cashless payment methods until further notice. This can be by either smartphone (by downloading the Just Park app); by mobile phone; or by text.

Cashless payments are being enforced to remove physical contact with keypads and coins in order to stop the spread of the COVID-19 virus, protecting our residents and employees. Re-introducing charges is essential to maximise the amount of people who can use our car-parks, as well as restore a vital revenue stream during this financially challenging time.



MESSAGE FROM SWANAGE LIBRARY

Although Swanage Library is closed, our staff have been very busy behind the scenes and out in the community too. I have been redeployed since the beginning of April to the Dorset Council Covid-19 helpline. This is a service set up to provide help to Dorset Council residents who may, for example, be having difficulty getting food and medicines during lockdown or need a volunteer to go shopping or dog walking. **(If you need help and don't have any support call us on 01305 221000, 8am to 8pm, 7 days a week or email communityresponse@dorsetcouncil.gov.uk)**

Sandra, Peter and Rebecca were redeployed to the Recycling Centre in Swanage mid-May, to help with letting customers know wait times and new protocols for using the centre. Who knows where a member of Swanage library staff may pop up next!

As well as our new roles, for those of you who have access, we are continuing to post content on our **Facebook (Swanage Library Friends) and Twitter (@FOSL)** pages:

Monday: Children's craft and quiz answers

Tuesday: E-books review and Storytime

Wednesday: Lego challenge and Coffee time Art Talk

Thursday: 'How to' help for using our wonderful e-resources

Friday: Rhymetime and a quiz

Please take a look at our pages as I'm sure you'll find something to interest you. Please like and share if you do!

Nathalie Carter

Swanage Library Manager



SWANAGE SPECIAL AMBULANCE CAR

Remember to sign and share the petition:

<https://you.38degrees.org.uk/petitions/sav-e-swanage-ambulance-car>



MORE USEFUL CONTACT NUMBERS

On behalf of Dorset Council, Dorset NHS
Partners & the Voluntary Sector

SWANAGE HEALTH CENTRE - 01929 422231 (Mon-Fri

8.30am-1pm & 2pm-6.30pm)

For further information please visit: -

<https://www.swanagemedical.org.uk/Home>

SWANAGE FOOD BANK: Tel: 07759 230313

DORSET COUNCIL'S HELPLINE - If you don't have family, friends or a support network that can help you get what you need, you can call **01305 221000**, 8am to 8pm, 7 days a week.

Alternatively, you can email:

communityresponse@dorsetcouncil.gov.uk;

DORSET CARERS' SUPPORT Call **0800 368 8348** - support and advice for carers across the Dorset Council area linking into local groups admin@carerssupportdorset.co.uk;

DORSET POLICE counter services, and for contact details, please visit:

<https://www.dorset.police.uk/covid-19-coronavirus/covid-19-faqs/>

<https://www.dorset.police.uk/contact-us/email-us/>

DORSET REGISTRATION SERVICES (births, deaths and marriages) Tel: No: **01305 225153** or email:

registrars@dorsetcouncil.gov.uk; please visit

<https://www.dorsetcouncil.gov.uk/births-deaths-marriages/registration-offices-in-dorset.aspx>

POST OFFICE CASHLESS SYSTEM - The Post Office has made it easier for self-isolating people to access cash: first, contact your bank, building society or credit union to obtain a bar-code voucher; THEN access the following:

“Payout Now” - voucher sent by text, email or post that you then share with a trusted individual to withdraw cash on your behalf; or **‘Fast PACE’** - this allows you to arrange for a trusted individual to collect a cheque from you, cash it at the Post Office and return with the cash. For either - please go to:

postoffice.co.uk/post-office-payout/;

PURBECK CITIZENS ADVICE BUREAU visit:

<http://www.purbeckadvice.org.uk/>

Tel: **01929 551913** leaving your name and number and an adviser will call you back.

Email: adviser@purbeck.cabnet.org.uk;

DIGITAL HOTLINE SUPPORT IF YOU'RE SELF-ISOLATING -

For those not confident using online services, we have set up a free hotline, run by digital volunteers for anyone with queries about getting online or improving your online skills. If you are on a low income and do not have a broadband connection or device at home to connect to the internet, we may be able to help you to get set up. Please **CALL 01305 221048**. Or you can sign up at

www.dorsetcouncil.gov.uk/e-newsletter/;



LOCAL COUNCIL SERVICES

The following remain **OPEN**:

Day's Park, The Downs and King George's Playing Field - for the purpose of daily exercise and dog walking activities only.

Public Conveniences at Shore Road and Mermond Place.

Prospect Allotments - the allotment gardens will remain open provided social distancing guidelines are followed: **Swanage Town Council allotment advice - 24th March 2020**

N.B. Further info can be found on the individual web pages within the Town Council's website:

www.swanage.gov.uk

URGENT FOOD BANK NEED

I've just heard that there is a special urgent need from the Swanage Food Bank, and I know donations would be appreciated.

The Food Bank has been so busy this week they've run out of all desserts - tinned fruit, custard, milk puddings, instant puddings. They've also no meat products left, including Frey Bentos pies, cold meats and tins of minced beef, stew, chilli con carne, chicken in sauce etc. Packets of rice, and tinned vegetables are also low in stock. The luxuries of sweets and chocolates have been used up, which aren't strictly necessary but lift the clients' hearts a bit at this difficult time.

Gifts can be left in the Food Bank containers in the following locations:

At the Food Bank

(the Food Bank which is open from 12-2 on Mondays, Wednesdays and Fridays at the Salvation Army Lower Hall in King's Road East)
Co-op Budgens Costcutters Spa (Arkwrights)
In the porch just inside the All Saints building.
All contributions will be really appreciated.

Revd Andrew Corke,

All Saints Church, 5 Redcliffe Rd, Swanage



SCHOOLS IN SWANAGE WORKING TOGETHER

COOKING FOR THE COMMUNITY

We hope that this message finds you and your family well. The Swanage School is contacting all local charities, churches and community groups in the hope that you can help us reach anyone in need of a freshly prepared hot meal.

Having received a donation of £1,000 from the Dorset Freemasons, The Swanage School is able to start providing free home-cooked meals for families and individuals in and around Swanage who would benefit from this service due to self-isolation, other vulnerabilities or hardships caused by the current situation.

Using the school's facilities, our kitchen staff will make and package freshly prepared meals ready to be re-heated, with an initial aim of cooking up to 80 meals three times a week (likely Monday, Wednesday and Friday) and delivering to homes. We will directly offer this service to our families and will ask the primary schools, local charities and the food bank for referrals, however we would also like to make this a wider offer within the community.

If you know of someone who would benefit, a member of your group, maybe a neighbour who is struggling or someone who is shielding, or would benefit yourself, please get in touch with us (details below) and we will get back to you. We hope to be able to secure additional funding and, if demand exists, to continue the service for as many people as possible whilst we are able.

We very much look forward to hearing from you or a representative of your group/church/charity.

Kind regards,

Nicky Taylor - HR & Admin - The Swanage School

contact us: office@theswanageschool.co.uk

or call **01929 500599** and leave a message.



Swanage & Purbeck Development Trust



Swanage & Purbeck Development Trust @ Herston Village Hall

Herston Village Hall has been hosting The Friendly Food Club (TFFC) workshops with families for the last year or so to cook and eat together in a social, fun environment. With lock down, the scheme has been modified, to provide Food Boxes for families.

Proud to announce that Swanage & Purbeck Development Trust (Herston Village Hall) have successfully got funding from Dorset Community Foundation to work with The Friendly Food Club, Swanage & Purbeck Rotary Club and Swanage schools to provide 50 Food boxes (sweet or savoury recipe and ingredients) a week for local families to cook and eat together. We are very much enjoying working with others to keep Swanage thriving.



COVID-19 WASTE SERVICES UPDATE

- Garden Waste Service resumed from Monday 27 April – usual day – but new garden subscriptions are still suspended.
- Food, recycling, rubbish and glass collections – taking place as usual
- Street cleansing (inc. bin emptying) – less frequently, but as usual in most areas

HOW TO HELP YOUR COLLECTION CREWS

With the “Lockdown” there has been an increase in rubbish and recycling at the kerbside. At a time when our workforce is stretched, this can be challenging.

SUGGESTIONS

- Make sure your bins are out by 6AM on your collection day
- Please continue to put the right stuff in the right bin
- Do not overfill any recycling box or bin higher than the top of the box/bin
- If you have excess recycling (especially glass) please place it out for collection in a sturdy container that can be easily lifted by 1 person without spilling the contents

Latest information can be found on our Coronavirus (COVID-19) bin collection disruption and waste guidance webpages Dorset Council oneteam@dorsetcouncil.gov.uk



Coronavirus (COVID-19) news and updates from Dorset Council

Household recycling centres will re-open for waste that poses a risk of injury, health or harm

Nine of our 10 household recycling centres (HRCs, or ‘the tip’) opened on Monday 11 May.

Be aware that householders should only take waste to a HRC if it cannot be stored safely at home and no alternative disposal options are available.

There will be restrictions on site, and additional security staff will help to enforce these, plus traffic management measures. All usual waste types will be accepted, although ‘re-use’ areas will remain closed.

Visitors should also expect long queues to access HRCs due to social distancing measures limiting the amount of people we can have on site at any one time.



Safe and well visits

In support of the national strategy relating to the coronavirus outbreak, we are looking at ways to deliver our work in a different way to prevent the inadvertent spread of the virus amongst vulnerable people.

Your safety is really important to us but during these circumstances, instead of visiting you we would like to provide free information about how you can stay safe and well in your home by having a telephone conversation at a convenient time to see what we can do together to make you safer. We can also have a conversation with you around improving your health and well-being. We can give advice about smoke alarms and in high-risk situations may deliver or fit free smoke alarms. The call can take between 10-30 minutes and covers topics such as:

- Using electricity safely
- Cooking safely
- Testing smoke alarms
- Making an escape plan
- What to do if there is a fire
- Keeping children safe
- Good practice – night-time routine and other points

relevant to you

Identifying and discussing any further support you may need if necessary

If you would like to find out more, or think we can help you, please call:

Freephone 0800 038 23 23 or visit our website at www.dwfire.org.uk

SWANAGE SPECIAL AMBULANCE CAR



Remember to sign and share the petition:
<https://you.38degrees.org.uk/petitions/sav-e-swanage-ambulance-car>

THE OLD RECTORY CARE HOME V.E. DAY

Here at The Old Rectory, we had an amazing VE Day. We had a lovely buffet, cream teas and a sing-a-long show with Karen Grant. The weather was beautiful and everyone was in fine fettle. Although it was very emotional, all our staff felt very privileged to be part of this and hear many stories from our residents about their memories of 1945. It was also lovely to see some of our neighbours coming into their gardens to join us, and some relatives came to see their loved ones enjoy their special day, from afar. Can I take this opportunity to thank Karen Grant for all the amazing, caring work she does. She is more than an entertainer, and a very compassionate lady, who has got to know the residents well.

Kind regards

Debbie O'Keefe, Registered Manager
The Old Rectory Home, Langton Matravers, Dorset,
BH19 3HB Tel: 01929 425383

If anyone has any questions or enquiries please feel free to contact Debbie on 01929 425383 or email

manager@oldrectoryhome.co.uk or on their website at www.oldrectorycarehome.co.uk



VE DAY 75 CELEBRATIONS AT WORDSWORTH HOUSE

Residents and staff at Wordsworth House celebrated the anniversary of VE Day with a mixture of sombre thought and celebration.

The home was decorated with flags and bunting as we decided that despite the present state of lock-down we were immersed in, this was an event that we should not allow to pass unmarked.

On the day itself, we gathered in the drawing room for 11am to share the television and Royal British Legion commemoration service and the silence prompted some tightly hand-held moments.

In the afternoon, we had a wonderful buffet in between singing and dancing to some of the old favourites. We had the microphones and Ukuleles out and even our maintenance team couldn't resist a singsong!



The NHS Test and Trace system has now been launched across England and Public Health Dorset is encouraging any residents with symptoms of coronavirus to use the service. NHS Test and Trace will identify those who have had close contact with people who have tested positive for coronavirus, helping to reduce the spread of the virus and save lives. **Sam Crowe, Director of Public Health Dorset said:**

“As lockdown restrictions begin to ease gradually, we all need to take responsibility for controlling the spread of coronavirus. Alongside continuing effective social distancing, the NHS Test and Trace service will be key for us to contain local cases and prevent a second peak in infections.

“The instruction is clear: if you have symptoms of coronavirus, self-isolate, get tested and share your contacts with NHS Test and Trace. We’re grateful for the role our communities have played so far in following the rules and limiting the spread of COVID-19 in Dorset, so we’re urging local people to keep this up by using this new service and following any advice they are given.”

Public Health Dorset is reminding residents of what they need to do if they develop coronavirus symptoms:

1. **Isolate:** As soon as you develop symptoms – a new, continuous cough OR a high fever OR a loss/change of taste or smell – you should self-isolate. Stay at home for 7 days, and anyone else in your household should stay home for 14 days.

2. **Test:** Book a test online at [uk/coronavirus](https://www.uk/coronavirus) or call 119 if you have no internet access. Anyone with symptoms can book a test, now including children under 5.

3. **Results:** If your test is positive, you and your household need to complete your period of isolation. If it’s negative, you can all end your isolation.

4. **Share contacts:** If your test is positive, the NHS Test and Trace service will contact you by text, email or phone to give you instructions on sharing details of places you’ve been and who you’ve been in close contact with so they can be given advice on what to do.

If you’re identified as a close contact of a positive case:

1. **Alert:** You will be contacted by NHS Track and Trace by text, email or phone call, and you’ll be told what you need to do to communicate with the service.

2. **Isolate:** You’ll be told to stay at home and self-isolate for 14 days from your last contact with the person who tested positive, even if you currently feel well, to avoid unknowingly spreading the virus. Other members of your household don’t need to self-isolate unless you have symptoms, but they should take extra care with handwashing, social distancing and avoiding contact with you.

3. **Test if needed:** If you develop symptoms, other members of your household should self-isolate immediately for 14 days. You should book a test – if it’s positive, you should stay home for 7 days and you will need to follow the process for identifying contacts. If it is negative, you must still complete your 14-day self-isolation period because the virus may not be detectable yet.

Staff from Public Health Dorset are joining NHS Test and Trace’s 25,000-strong contact tracing team which has the capacity to trace contacts of up to 10,000 people who test positive per day.

A package of £300 million of new funding has been made available to local authorities to work with NHS Test and Trace to develop local outbreak control plans, building on the work already done so far to respond to coronavirus. Public Health Dorset will work with Dorset Council and BCP Council to identify and contain potential outbreaks in places such as workplaces, housing complexes, care homes and schools, ensure testing capacity is deployed effectively and help the most vulnerable in self-isolation access essential services in their area.



SANDBANKS FERRY, STUDLAND CLOSED

Due to the COVID-19 crisis, the Ferry has been suspended until further notice.

For more information email:
email@sandbanksferry.co.uk

Durlston Pleasure Grounds: Before and After....

Those of you able to visit Durlston over the last couple of months will have seen the results of the hard work by volunteers and staff on the Pleasure Grounds Project.

With funding from the National Lottery Heritage Fund and many others, we have been able to give Durlston's woodland and clifftop the attention it deserves, making it more accessible and enjoyable to visit, protecting its Victorian heritage and enhancing the area for wildlife.

Landscape work is ongoing, but if you haven't been able to visit, have a look at these 'before and after' photos of some work so far...



Caravan Terrace

The start of a coastal path to Swanage, Burt's route was destroyed by landslips.

From the 1940s, it was home to a series of caravans, with holidaymakers (and a few long-term residents) enjoying views of Peveril Point and Old Harry.

From the 1970s, the area became increasingly overgrown, obscuring views and covering the grassland and cliff-face.

Now cleared, the grassland there is one of the best places at Durlston for 'Bugle' – a lovely blue wildflower, while the cliff-face provides views of the Purbeck Beds (along with a rare 'Tufa Spring', where mineral salts encrust leaves and twigs).

Woodland Paths

Burt planned what was known as the 'Pinecliffe Walk'; a 'plaisance' or scenic route, with viewpoints, wandering paths and a variety of vistas. Recent woodland management has revealed Black Pines and other original plantings.

New surfaces and drainage will provide sheltered, mud-free walks all year round.

We have also re-instated a winding Victorian path which leads over the stream and the restored bridge at Sunnydale.





Victorian Stonework

Burt peppered his estate with stone tablets and inscriptions, from the poetic: “This world was once a fluid haze of light...”, to the philosophical “Look round and read great nature’s open book”, to the informative (maybe!) “The Common Black Swift flies at the rate of 200 miles per hour”, to the prosaic “It is very dangerous to throw stones”!

The Heritage England listing describes the Pleasure Grounds as: “A sublime landscape... and also a moral one reflected in the literary quotes inscribed on stone tablets.”

Cleaning, repainting and re-setting is underway to restore these important elements of the landscape.

The Observation Point

Burt planned the Castle, Globe and Observation point as 3 points of a triangle and recent work is helping to restore the connection between them.

A new surface will make access to this amazing viewpoint easier, while the bollards and inscriptions have been repainted.

New interpretation about seabirds will be added when circumstances allow.



Coronavirus Update

Dorset Council have decided to reopen the Car Parks here from 9am **TUESDAY 26TH MAY**. We will be providing hand sanitiser and measures to encourage social distancing. We will also be providing limited toilet facilities, including one for disabled people, but Durlston Castle and other buildings will remain closed for now. Pay and display charges will be in place as normal (as this income is vital to the continued running of the Park). We would prefer you to pay by card, mobile phone or text. If you use cash, we are sorry, but we are unable to provide change if needed.

Full details here :

<https://news.dorsetcouncil.gov.uk/2020/05/22/dorset-councils-country-parks-to-re-open/>

A NATIONAL PARK FOR DORSET

There have been calls for a National Park to be part of recovery plans for Dorset, as research revealed there has been a surge in community spirit and appreciation for green spaces in South West England during the lockdown.

Research commissioned by the Campaign to Protect Rural England (CPRE), the countryside charity, and the National Federation of Women's Institutes (WI) shows that 60% of people surveyed in the South West believe that people are doing more to help their communities, and 65% of people feel that protecting local green spaces should be a higher priority for the government when lockdown ends.

Peter Bowyer of Studland, Chair of Trustees of Dorset CPRE, said: *"Dorset CPRE calls on the government to implement its manifesto commitment to create new National Parks and make a Dorset National Park a key part of the nation's recovery plan. The Glover Review of Landscapes recommends new National Parks and recognises Dorset's outstanding case."* A National Park would play a vital role in ensuring a successful and sustainable economic recovery and a thriving, healthy future for our communities, including young people and families, our economy and environment, Dorset-wide.

Lynne Stubbings, Chair of the National Federation of Women's Institutes, said: *"Throughout this crisis, green spaces have been a lifeline to people dealing with the impact of lockdown. As we look to rebuild after the crisis, we must make sure that we continue to cherish our communities and this new sense of connectedness – both to each other and to our local environment."*

When National Parks were proposed in 1945, they were seen as a *"Natural Health Service"*, sitting alongside and supporting the NHS as powerful contributors to the health and well-being of the nation. The current pandemic has shown the high public appreciation of the NHS and of the role that nature can play in boosting the health and wellbeing of body, mind and spirit. People recognise that the long-term health of the nation is linked to the long-term health of nature.

A Dorset National Park Partnership, and the additional resources this would bring, can be part of a positive and restorative vision for our future. Partnership with communities and the voluntary sector, councils and businesses including farmers, lies at the heart of the way National Parks work. With a National Park we can achieve even more for nature and for people in Dorset. Please enjoy the website and keep in touch with news: www.dorsetnationalpark.com, and join the Facebook group.

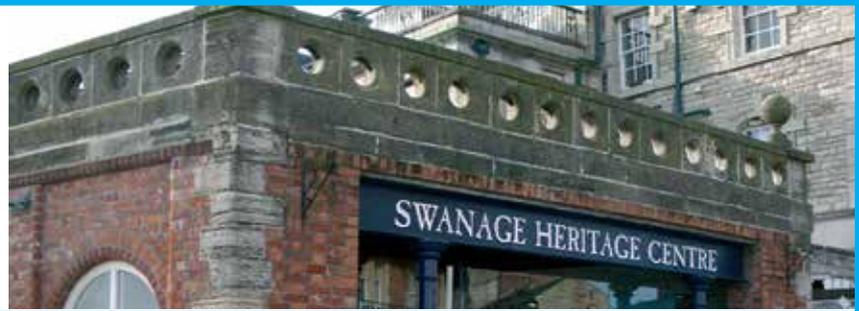
Keep safe and best wishes from all at the Dorset National Park Team.



Towards Middlebere at Arne. Photo by Greg Farrington.



The Fairset Isle of Purbeck. Photo by Tim Arnold.



e-mail address: museumswanage@gmail.com

The Globe Returns to Swanage



George Burt's daughter, Annie, beside the globe c1914 at Purbeck House

In less than 6 weeks from being offered this magnificent piece of Victorian workmanship a group of Swanage Museum volunteers have managed to organise the move of this item to its new home in Purbeck. After being originally crafted in Aberdeen from the Scottish granite to George Burt's specifications in 1879 it was delivered to Swanage and took pride of place at George Burt's residence at the Purbeck House gardens (see original photograph). It was moved for Edwin Burt (George Burt's grandson) to his new home near Beaulieu after the end of WW1.

Weighing in at a ton it was not an easy feat to move from our benefactor's home alongside the river at Beaulieu. We thank our contractors for their great work and a local quarry for storing it in a safe environment for us. The photos alongside show the lifting, moving and delivery to the quarry of this prototype globe. We now await a decision from our local authorities regarding its final placement when it can be yet another Victorian attraction for the town to be proud of that can be displayed to the people of Swanage and the town's future visitors.



The Globe at Purbeck House



Dismantling the Globe at Beaulieu



Leaving the site with the Globe



Unloading the globe at Haysom's Quarry

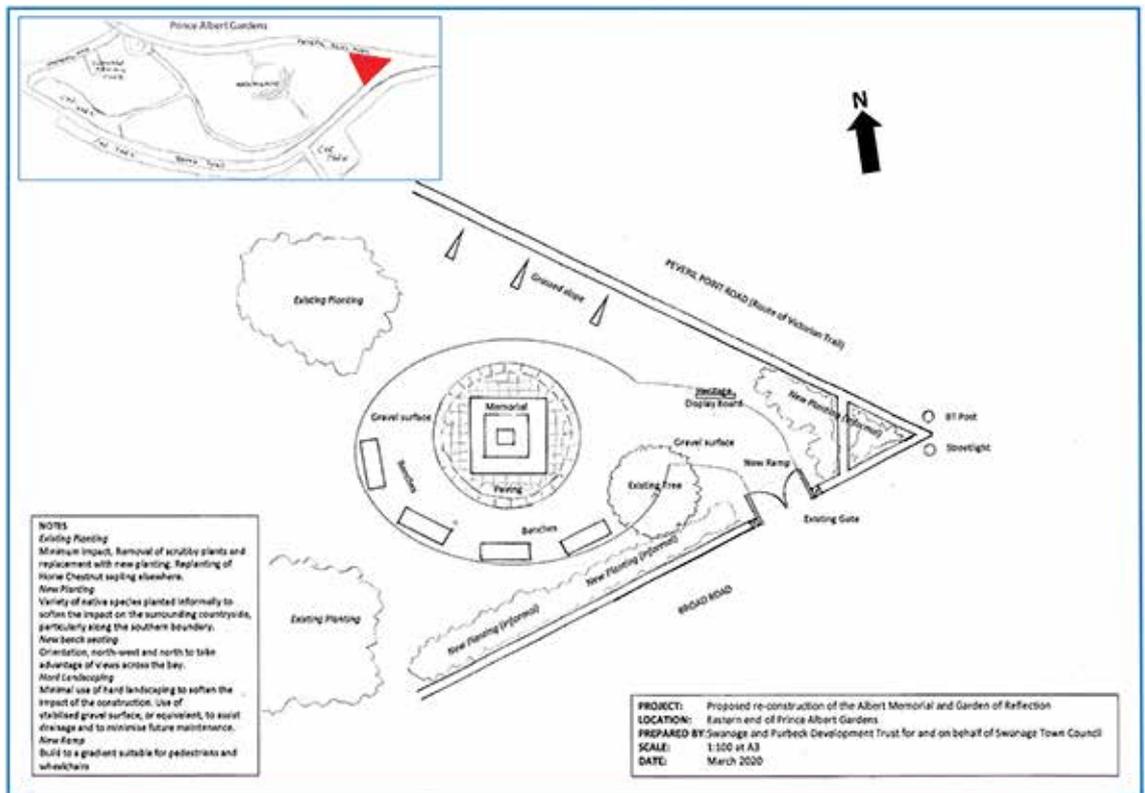
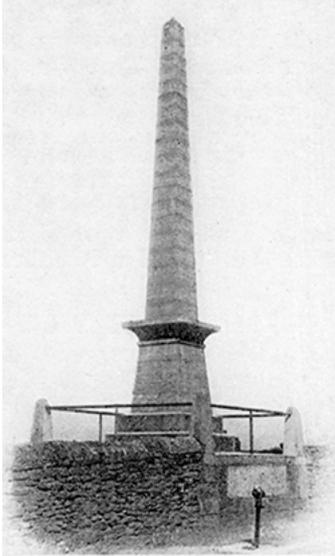
If you would like to help with the installation costs of the Globe's return to its Swanage home, or if you want to know more, please go to our new embryo website www.swanagemuseum.org.uk OR send a cheque to Swanage Museum Treasurer at 11b Argyle Road. BH19 1HZ Telephone: 01929 422215 AND TO GIFT AID YOUR CHEQUE - GIFT AID authorises the Museum to reclaim tax on your donations. If you would like to Gift Aid your donation as a UK taxpayer, can you enclose, with your cheque, the following written details: Full Name - Address - Your Signature - Your Tel No (optional) - Email (optional)



e-mail address: museumswanage@gmail.com

UPDATE ON THE ALBERT MEMORIAL

Having last month left the project on hold, May became very busy with the site surveyors being able to go back to work. On the 20th May the site investigation was undertaken and proved favourable and on the 22nd May a Topographical survey was undertaken by the garden designers. We were hoping to include their designs in this update but they haven't arrived in time.



Plan showing the position of the site at the top end of Prince Albert Gardens chosen because of it being the closest spot to where Prince Albert landed in Durlstone Bay and walked to Peveril Point with Sir George Biddlecombe.

In 1849, when the Prince Consort was returning in his yacht from Portland, after laying the first stone of the breakwater, the royal yacht brought up in Durlstone Bay, a boat was lowered and manned, and the Prince, in company with Captain Sir George Biddlecombe, K.C.B., landed at the zigzag and walked to Peveril Point. They stayed there about half-an-hour, and were both delighted with the beautiful scenery, looking north at Ballard Down, Whitecliff, and the bay, and then south on Durlstone Bay and the Head, and east to the Isle of Wight. Sir George also pointed out to the Prince that Swanage Bay would make a first-rate harbour by building a break-water across in the direction of Old Harry, if they should require it at any time. After inhaling the pure air and taking a last look round, the distinguished visitors said good-bye, made for the boat at the zigzag, and then for the royal yacht for the Solent. **from: William Masters Hardy - OLD SWANAGE or PURBECK PAST AND PRESENT P.37**

Prince Albert laid the first stone of the breakwater at Portland on Wednesday 25th of July 1849 but the weather was bad and the sea so rough that he went to Weymouth by train and coach. It was therefore not this time that he visited Swanage. This is likely to have taken place on the 4th of August 1856 when he again visited Portland and George Biddlecombe was in the area.



ISLE OF PURBECK ARTS CLUB

ART - Clubs and Outings

POETRY - Reading and Writing

BURSARIES - For young people

MUSIC - School Instrument Loan Scheme

SUMMER EXHIBITION

22nd - 31st August

Catholic Church Hall, Rempstone Road, Swanage

CHILDREN'S ART COMPETITION

(Up to A3 size in any medium)

For children in Years 5 and 6 at primary schools in Purbeck.

3 Awards to be made

Hand in at Purbeck New Wave Gallery,
Swanage BH19 1DF

Deadline Monday June 29th 2020

Presentation in August

07434 814384

isleofpurbeckartsclub@gmail.com



PAW 2020 will be different although we are not able to hold the PAW Festival this year we are offering visitors to our website as much of a 'virtual' PAW as we can!

If you would have enjoyed exploring our artists' Open Studios and exhibitions, we would like to encourage you to browse through and enjoy the work of our artists on our website (see below). You can explore the artists' Open Studios and Rollington exhibitors, see our Brochure and Events Programme. Some of the artists are regular exhibitors and some are new to PAW. Have a look at what they have been creating, and follow up on their websites to see even more of their work

We (with Wareham Tower Chimes) are also holding an online Art4Action Auction on Sunday 14th June in support of Purbeck's artists and the Dorset Coronavirus Community Fund. Before that date, to browse the online auction catalogue of art for sale and find out how you can make a bid – go to: either

www.purbeckartweeksfestival.co.uk

or www.warehamtowerchimes.co.uk



DENTAL HEALTH

Dentists are still open for telephone calls and to give support and advice.

New Urgent Dental Care Services have been made available to people in the area. This is for people with emergency dental problems including people who are vulnerable or at increased risk from the Coronavirus.

To be able to go to the Urgent Dental Care Centre you will need to contact your dentist by phone to get a referral.

If you need help from a dentist out of hours call **NHS 111.**



South Beach Reflection - Cathy Veale

www.cathyveale.co.uk



THE MOWLEM THEATRE

As shops begin to reopen, visitors begin to return to our town, and some semblance of normality returns, for the those of us involved in the hospitality sector, the lockdown looks set to continue for a while longer. It's a worrying time, but also a time to reflect and to plan for the future. The Mowlem Trustees have been hard at work over the lockdown period reflecting on the Mowlem's place in our town and thinking about how we can move forward with a commitment to being 'the cultural heart of the Swanage community'.

With our venue closed and our staff furloughed, we've still tried to respond to the spirit of thanks and commemoration, with tributes to our NHS, and to local carers and key workers, but when we can once again open our doors we're looking forward to inviting you in to share our plans and to hear your views. Our aspirations are deliberately ambitious and we know we have a lot of work to do, but we also know how good Swanage can be at making good things happen!

While we plan for the future we are also very active on social media, sharing Mowlem Memories from past decades - you can find us at: [facebook.com/themowlem](https://www.facebook.com/themowlem) if you're on Facebook, or if you would like to join our mailing list please find a link to our sign-up form at www.mowlemtheatre.com we'll also be able to let you know as soon as we are able to reopen!

TRAVEL BY STEAM TRAIN



SOS: SWANAGE RAILWAY

The Swanage Railway is facing the most urgent and potentially devastating challenge in its history, thanks to extraordinary circumstances beyond its control: the COVID-19 virus.

With the Railway closed, on Government advice, it has no income for the duration of the current emergency. Without income in the coming months our heritage railway cannot survive.

Please help now and support the Swanage Railway by giving generously to ensure that we survive.

To make a donation please go to www.saveourservice.co.uk

The public can now also donate by text to the Swanage Railway's £360,000 'Save Our Service' appeal which has so far raised £136,168 (28th April 2020) to help the award-winning heritage line survive in the wake of the economic effects of Coronavirus. People can donate by phone by texting 'SOS' to 70470 to donate £10 which costs £10 plus a standard rate message.

Donors can also choose to give any whole amount between £1 and £20. For example, texting 'SOS 4' equals a £4 donation plus a standard rate message.

THANK YOU!

Gavin Johns, Chairman, Swanage Railway Trust
Liz Sellen, Chairman, Swanage Railway Company

info@swanagerailway.co.uk
Tel 01929 425800

Want to contribute to our next Newsletter?

If you have a story about how you and your family, friends or neighbours are doing something to help our community in these weird times, then do let us know and we'll do our best to include it. Do contact us asap:

Phone us: **01929 426127**

Or email

melvyn.norris@talktalkbusiness.net





DOMESTIC ABUSE CAN AFFECT ANYONE

WE ARE HERE TO HELP:

YOU FIRST (Dorset Council)

0800 032 5204

OUTREACH (POOLE-BOURNEMOUTH)

01202 710 777

WOMEN'S AID

email – helpline@womensaid.org.uk

24HR NATIONAL DOMESTIC ABUSE -

HELPLINE 0808 2000 247

DORSET POLICE in an emergency **CALL 999**

or go to

www.dorset.police.uk/abuse-help



ALCOHOLICS ANONYMOUS® is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. ... Our primary purpose is to stay sober and help other **alcoholics** to achieve sobriety.

This is a very unusual time. It is stressful for many people in many new ways. Some people turn to alcohol to help them cope and get through it. This can be more of a danger than a help to some of us. If you think you have a problem with alcohol we can help:

IF DRINK IS COSTING YOU MORE THAN MONEY

then we can help you. Please telephone our free Helpline today:

0800 917 7650



Harm Reduction advice for people who use Alcohol

This advice is important during the Coronavirus (COVID-19) pandemic. If you are drinking heavily, you are at increased risk of the health impacts of coronavirus (COVID-19). You may want to cut down or stop drinking to help improve your immunity, or because your supply of alcohol is running out.

Self-isolation may lead some people to drink more alcohol than usual.

If you are worried about your drinking levels increasing, you can contact any one of the following for help and support:

LiveWell Dorset to talk about how to reduce the amount of alcohol you are drinking.

Call **0800 840 1628** or **01305 233 105**

www.livewelldorset.co.uk.

Local alcohol treatment services are open and can provide further advice and support:

Dorset including Christchurch (REACH):

0800 043 4656

Poole (EDAS/SMART): 01202 735777

Drinkline the national alcohol helpline

Call **0300 123 1110**

weekdays 9am-8pm week end 11am-4pm

Drinkaware -

<https://www.drinkaware.co.uk/alcohol-support-services/>



If you are concerned about a young person please #TellSomeone

A new campaign is asking children and young people to tell someone they trust, or call national charity Childline, if they feel unsafe in their environment during the current conditions associated with Covid-19.

For some children, this period of isolation has left them without their usual support systems such as teachers, extended family and friends. This lack of regular contact with trusted people can put children at increased risk of abuse or neglect.

Please check on family, friends and loved ones and contact the relevant teams should they or you need support.

If you use social media, please share the #TellSomeone messages. This could help a child or young person who is stuck in a situation where they feel unsafe to seek the help they need.

Child Abuse & Neglect

Child abuse is where a child does not receive the proper standard of care expected from a reasonable parent or carer and includes physical abuse, sexual abuse, emotional abuse or neglect. Contact us:

help@nspcc.org.uk Free Helpline: 0808 800 5000
pan-dorsetscp@dorsetcouncil.gov.uk
Telephone: 01305 228866 or 01305 221196
Or <https://www.dorset.police.uk/do-it-online/>

SWANAGE SPECIAL AMBULANCE CAR



Remember to sign and share the petition:
<https://you.38degrees.org.uk/petitions/save-swange-ambulance-car>



AT THIS extraordinarily frightening time, PURBECK MS GROUP want to stress to MS sufferers and their families - you're not alone; we are here for you. Although at the moment we are unable to help as we have done in the past, if you need someone to chat to, or write to, please use the following contacts

Our Contact Details:

Carol Turner Chair 01929 556761
email. turnermc07@gmail.com

John Smith Deputy Chair
email john52wsmith@yahoo.co.uk

Gail Taylor Secretary
email gailtaylorulwell@hotmail.co.uk

Debbie Dunford Welfare Officer
email debbiedunford148@gmail.com



Dorset Energy Advice during Covid-19 pandemic



Citizens Advice is helping households experiencing difficulties with their

electricity and heating

Call or email today for help with

Topping up pre-payment meters

Advice if struggling with energy bills

Eligibility for extra income

Liaise to resolve issues with energy supplier

Refer on for other support, particularly if in self-isolation

Contact our friendly energy advice team in Dorset
01929 775500

purbeckadvice.org.uk/contact-us.html



COMMUNICARE COMING TO TERMS WITH COVID-19

"A LISTENING EAR"

A trouble shared, is a trouble halved.

Jenny Lazenbury, Director has this message: "We have had some phone calls to our nine willing helpers (see below) who have volunteered to be "a listening ear". This service will be staying on as long as we all need it (look for our YELLOW cards). Regarding hospital visits, please check that our volunteers are still able to take you on their appointment list, as so many hospital appointments are being cancelled either due to the COVID-19 virus or lack of staff in particular departments. LINK Visiting volunteers still have a number of drivers (who have no health problems themselves) who are willing to take passengers in their cars so please contact them on the telephone numbers provided.

"Good Luck to all our lovely people in Swanage and District - keep well, keep safe, and do not take risks. We WILL be back soon to some normality. Blessings to you all."

480932 427576 423747 422951

477114 422118 288177 427346

Mobile: 07531 811375



At this time Link Visiting has of course had to suspend our visits and fall back on giving support and keeping in touch by phone.

When we are all able to assume a more normal existence you may think you'd like to visit someone who is isolated, on a weekly or fortnightly basis. You may also be able to identify an isolated neighbour who would welcome being put in contact with **Link Visiting**. Please then get in touch with **Roger Seaman on 07498 743036 or email at ivs.volunteers@outlook.com**. We would love to hear from you.

SWANAGE DEPRESSION GROUP

We are a group of people who experience depression or anxiety.

We are not experts, but we know how it feels.

We find that a problem shared, is a problem halved.

We cannot meet face to face at the moment, but meet once a fortnight on the phone and we talk to each other individually all the time.

For more information please contact:

Nick 01929 439121 nickviney@hotmail.com

Andy 01929 481539 andy.knill@gmail.com

*Don't forget the official
mental health 24-hour Helpline: 0300 123 5440*

STRUGGLING WITH YOUR MENTAL HEALTH? THE FOLLOWING CAN HELP YOU...

SAMARITANS – 116 123. A free, 24/7 phone line.

SANE LINE - Works with anyone affected by mental illness, including families, friends and carers.

Tel: 0300 304 7000. 4.30pm–10.30pm daily

CHILDLINE – Confidential telephone number for under 19s **Tel: 0800 1111**

THE DORSET MENTAL CARERS PROJECT- Offering a telephone, text and email service from Monday to Friday phone line from 10.30am-4.30pm. You will be able to speak to one of the Peer Carer Specialist from the Carers Project. Please phone daily numbers as follows:

MONDAY - Joy Ford 01305 340045. Or text **07508 776410.**

TUESDAY - Dick Franklin 01202 380910 or leave message

WEDNESDAY - Babs Plumbridge 07961 159854 phone or text

THURSDAY - Jenny Hutchinson 01258 455771 phone or leave message

FRIDAY - Nigel Ford 01305 340045

In a medical emergency call 999 if you are seriously ill or injured and your life is at risk. A mental health emergency should be taken as seriously as a physical health emergency.



HXVH COMMITTEE

Dear HXVH Community,

We hope everyone continues to be well, and just a brief reminder that if anyone does need any support or assistance with anything, then help is available.

Please call **07423 305060** if you live in Harmans Cross, Worth or Kingston; or **07388 728177** if you are in Langton. We also continue to collect and deliver prescriptions daily from the Corfe Surgery.

The main purpose of this email is to let everyone know that the regular Thursday morning Post Office service at Harmans Cross Village Hall will re-open this Thursday 4th June 9.30am - 11.30am. The same social distancing measures that we have all become familiar with in the supermarkets will be in operation, and a wall-mounted hand sanitiser unit has been placed in the foyer as well.

Other groups may start to use the Hall again over the coming weeks should they wish, on the basis that they can all follow the appropriate guidance; but that will be the decision of the individual organisers of each group. We will try and keep everyone updated via this email newsletter, and via the website at:

www.harmanscrosshall.co.uk

Best wishes to everyone
HXVH COMMITTEE

A MESSAGE FROM THE DUBBER

Hello Everybody, Please find a direct link to the June Dubber below

<http://thedubber.co.uk/2020.06.pdf>

As you are probably aware, there is no printed Dubber this month.

Please continue to send in your contributions; stories and poetry are welcome.

I hope you are all well and coping with your enforced isolation. Please remember that both Langton/Kingston

(langtonmatravers20@gmail.com)

and Worth/Harmans Cross

(worthmatravers20@gmail.com)

support groups are working well if you need anything.

Warm regards - Angela
ed@thedubber.co.uk

SNIPPETS FROM STUDLAND



Car parks have been re-opened with reduced capacity. Only the Beach Café at the Big Beach will offer a limited take out service.

Studland Parish Council has received four road signs and four banners from Dorset Council to inform all of the need for access for emergency vehicles and to demonstrate social (physical) distancing. The signs and banners are displayed at car parks, the Bankes Arms, Watery Lane, and Heath Green Road.

The chalets at Wadmore Lane are being updated and will be used for accommodating local workers and not used as holiday lets.

The Parish Council has objected to the withdrawal of the ambulance car and asked Richard Drax MP to take up this matter with decision makers.

Speed Indicator Devices will be installed on Ferry Road and Swanage road.

www.studlandparishcouncil.org

The Purbeck Society Concerns exist over:

a) changes to democratic inputs into the planning processes operated by Dorset Council under arrangements for the CV19 pandemic

b) the use of tarmac for pavements in Institute Road within the Swanage Conservation area.

The Campaign to Protect Rural England

Press and local radio have covered a survey on attitudes to green spaces during the CV19 pandemic and support for a National Park.





LANGTON MATRAVERS PARISH COUNCIL

Although the Langton Matravers Parish Office is closed, LMPC has still been busy!

Memorial to R J Saville

For those of you who may not have seen it, in honour of our erstwhile Clerk, Reg Saville, we have had the safe delivery of our lovely stone memorial bench at the corner of St George's Close in Langton Matravers. The inscription reads:

'R. J. Saville, MBE, BA. Local historian, musician and Parish Clerk 1971-2008'.

It was made by Haysom Purbeck Stone from their quarries at St Aldhelm's Head, Worth and the inscription is by local stone mason, Brian Bugler. Do go and see it if you have a chance, and sit on it (when permitted).

Climate-friendly Project

We have a new water dispenser by the door of the office at the toilet block at Putlake Adventure Farm, Langton, which we hope will encourage people to re-fill their plastic water bottles rather than throwing them away. And we have had our new LED lighting installed at the toilet block, which helps to save energy.



Arts and Crafts

Five easy creative projects to do when you are bored
<https://youtu.be/TyMEQ5cRx3I>

Five tips to improve your art
https://youtu.be/kSQAP3Q_4G4

Cheap and varied for children and the whole family <https://www.goodtoknow.co.uk/family/things-to-do-with-kids-66855>

Yes you really can draw a Gruffalo
<https://www.bl.uk/childrens-books/videos/axel-scheffler-how-to-draw-a-gruffalo>

Listen to poetry and watch poets being interviewed
www.poetryarchive.org

Free Craft Lessons knitting to making jewellery
www.creativebug.com

Education and Learning

Be the main character in your own story
<https://www.bl.uk/childrens-books/activities/the-book-of-me>

Create your own talking animal
<https://www.bl.uk/childrens-books/activities/write-an-animal-tale>

Design your own superhero
<https://www.bl.uk/childrens-books/activities/what-makes-a-hero-super>

Be your own fairy tale star
<https://www.bl.uk/childrens-books/activities/star-in-your-own-fairy-tale>

Free Distance Learning Courses (Levels 1 & 2)
www.skillsandlearningace.com

A series of free online dance classes for all ages and abilities
<https://www.pdsw.org.uk/classes/>

A special week of creative content for Parkinson's Awareness Week including a dance class, podcast and art projects
<https://www.pdsw.org.uk/news/day-5-parkinsons-awareness-week-parkinsons-dance-class/>

Online screenings of dance productions including children shows *Plink & Boo* and *Oh No George*
<https://www.pdsw.org.uk/news/online-screening-plink-boo/>

Sue Warr, PramaLIFE Pathways Manager
E-mail : sue.warr@pramacare.co.uk



Tom.clarke@nationaltrust.org.uk

DIARY OF A LONE RANGER

Paul Bradley, Lead Ranger for Heathlands writes:

The last few weeks of thoughts have been dominated by the onset of Spring, the amazing weather we have experienced and how nature has reacted to this and got on with things.

However, as the old saying goes – ‘*Ash before oak, in for a soak, oak before ash, in for a splash*’. Now, the oak trees are coming into full leaf ahead of the ash and inevitably the British weather has changed. Nature, as always continues to move forward with the changing season.

The recent high fire risk has gone – although no doubt to return in a few weeks. There have been less birds flying in the wind and rain, but they can still be heard calling to each other, and nest-building is well underway. The sparrows and swallows are making the most of the lack of disturbance at the Currendon offices with numbers of birds seemingly higher than in previous years.

Gone - for now - are the numerous butterflies flitting from flower to flower along the hedgerows and even the peacock and guinea fowl that have been at Greenlands for the last month or so appear to have gone back to where they came from. The red kite and buzzards are conspicuous by their absence and the number of swallows swooping across the heath seem less than a week ago – only a temporary loss and they should return in numbers soon.

The grass is growing at a pace with new flowers coming into bud. The Molinia in the mires on the heaths is turning green, which will draw the cattle and ponies out to graze further afield. From the views over the heath in the damp and less colourful conditions, the yellow of bog myrtle and the white flowers of the bog cotton grass are striking and in sharp contrast to the brown areas of mire.

With the darker and damp conditions, the massive white carpets of Ransomes are much more evident from afar in the ancient woods of Kingswood and Studland Wood and a walk through the woods releases the pungent garlic aroma which lingers for quite some time on your clothes. So, whilst we have lost the sunshine for a bit, nature is still doing what nature does best – nature stuff and getting on with it....

One final thought –

“Spring work is going on with joyful enthusiasm.”

John Muir, *The Wilderness World of John Muir*



NATIONAL TRUST CAR PARKS REOPEN

With the re-opening of the National Trust Car Parks at Studland on 20th May and Langton on 21st, it clearly feels like a new beginning. We have worked closely with the Studland and Langton Parish Councils to agree on the right time to re-open and this partnership working has felt a good way to do things. It's not been easy; working out how to keep staff, local people and visitors safe and happy in unprecedented circumstances where visitor numbers and behaviours are unpredictable.

What has been a positive is that all the local organisations have talked together in the same (zoom) room, sharing ideas and reasons for decisions. As, when and if business gets back to usual, hopefully we will build on this to keep us working more closely together as a sector.

We are unable to re-open Corfe Castle NT car park until government guidelines around ticketed outdoor attractions permit us to do so.

Stay safe and well!

Tracey Churcher

General Manager for National Trust in Purbeck.



Be Respectful and Stay Local

Whether you're a walker, cyclist or horse rider using the rights of way network, please remember to follow the Countryside Code as well as the current Guidelines Access to Green Spaces. This includes:

- keeping dogs on leads to ensure social distancing and to avoid disturbing ground-nesting birds.
- taking your dog waste and litter home.
- leaving gates as you find them.

ROTARY ISN'T CLOSED - IT'S JUST DIFFERENT!

"SWANAGE ROTARY may not be operating as normal at the moment, but it's still here in the heart of your community and willing to help."

These are the words from our President Steve Parsons when he wrote in the newsletter last month, so, it is great to be able to say that we are helping and from 27th May will be assisting the Friendly Food Club (FFC) by preparing food bags containing a recipe and ingredients for a family to cook and enjoy a meal together.

Friendly Food Club has been running free family cooking sessions at Herston Village Hall over the last couple of years but the Covid-19 coronavirus has meant that the informal, fun sessions have had to be stopped - but they have been replaced by their yellow food bags which are handed out through the local schools to families who may need a bit of extra help at this difficult time due to the virus.

A video is available on U-Tube showing how to cook the meal and families are encouraged to share their cooking photos with the Friendly Food Club so that they can be posted on the FFC Facebook page.

Swanage Rotary is delighted to be involved in this project and will be preparing the bags every week from Herston Village Hall reviewing the need on a regular basis.



Advice for Dog Owners

Are you unsure about the latest guidance for going out with your dog or have you heard conflicting advice? Dorset Dogs' website provides information from key sources including the Government, our own local councils and local Police. There's also lots of useful information on their website:

<https://www.dorsetdogs.org.uk>



Swanage Churches Together have established a prayer and support line for anyone wishing to call for a chat or listening ear during these challenging times
The phone line will be open daily, 10am - 10pm
with someone available to listen, chat and offer prayer.
The number to call is:
07849 141661

There are many online services and resources available to you on Sundays and throughout the week.

Find out more at

www.swanagechurches.org



Since writing in the last newsletter 'Aquarius', the ladies club based in Corfe Castle, has donated an interim £200 to each of our chosen local charities for this year, *The Besom and Dorset Children's Foundation* is one - as we were very aware that charities in general were suffering from a lack of financial support during this difficult time. We have done this despite being unable to do our usual fundraising in the form of an annual Spring Coffee Morning and stall at the May Fair in the Castle.

The Committee has continued the weekly round robins of emails and during the lockdown have been ringing all members to check on their health and well-being and offering assistance if needed. We have found that lots of folk like to chat and not just those living on their own! We now know a lot more about each other and feel much closer.

We have been having fun trying out Zoom technologies as another way of keeping in touch which has given us the opportunity to exchange more information and 'Aquarius' has added protective face mask making to our range of useful crafts. We are even beginning to formulate plans for the long term future, with the possibility of once again being able to meet up in person. It would be lovely if that were to become a reality before the summer disappears!

If you are interested in joining us in the future please contact me on 01929 480007

CHRISTINE KEMP (AQUARIUS JOINT CHAIR)



HELLO! We are the **Swanage Indies Delivery Service** here to help support anyone self-isolating and social distancing in Purbeck with food deliveries from your favourite Swanage shops.

PROPOSED DELIVERY TIMETABLE: (Which we will work on depending on demand)

DAILY (Mon-Sat) **SWANAGE** **THURSDAY:** CORFE/HARMANS CROSS
TUESDAYS: LANGTON/WORTH/KINGSTON **SATURDAYS:** STUDLAND

HOW TO ORDER

1. Call each shop to place your order and pay them directly
2. Order before **NOON** the day before you want your delivery
3. We will then work together to sort out logistics of delivering it to your doorstep!
4. Where you see ** below against the shop name, this means Swanage Indies deliver

WHO YOU CAN ORDER FROM – SO FAR – SURE MORE TO COME!

BANKES ARMS HOTEL, CORFE – Meals – **FREE DEL WITHIN C.CASTLE 01929 28818**

BUDGENS SUPERMARKET Station Rd - baked, fresh, packaged goods **01929 422478 ***

(order by phone, pay over phone, can be picked up from store with assistance)

CEDAR ORGANIC – Organic meat **FREE DELIVERY** within Purbeck **01929 481393**

CHOCOCO** – chocolates and sweet treats **01929 408288**

COSTCUTTER (inc Post Office) - butchers,baked, fresh and packaged goods **01929 424554**

COUNTRY FOODS, 37 Station Rd - Shop open Mon-Sat 9am-3pm. **07789 289289**

THURS ONLY FREE DELIVERY (Orders over £15) to Swanage, Langton, Worth, Studland

COURT HILL STORES - Ordering & accept payment for goods on phone **01929 424796**

CRAB APPPLE CATERING – Fruit and Veg boxes julia@crabapplecatering.co.uk

THE FISH PLAICE - **OPEN** Tuesday-Sunday 12-8 (keep check on website <http://fishplaice.co.uk>)

(Collection available during opening hours - phone and pay with card 01929 423668)

FOLEYS GARAGE SPAR SHOP HX – **FREE DELIVERY** Groceries to:

HX, Corfe, Langton, Kingston, Swanage, Studland **Tel to place order 01929 480097**

HAYMANS BAKERY** – bread, cakes, pasties, sandwiches **01929 422594**

JAVA IND.COFFEE HOUSE – Del of quiche, veg.cottage pie,cakes,scones **CASH ONLY**
(FACEBOOK Delivery)

JENKINS High St, Swanage. Orders **Tel: 01929 422786**

OPEN 7 Days a week 9-6 - Newsagents, groceries, wines, beers Collect or **FREE DELIVERY**

MASALA INDIAN CUISINE - Indian takeaway offering delivery website **01929 427299**
www.masalawanage.co.uk

JJ MOORES BUTCHERS – Meat, frozen ready meals, fresh fruit & veg **01929 424891**

NORDEN FARM – Range of vegetables and many other products **01929 480098**

OLD BRICK PIZZA CO. High St. Swan. Orders: **Tel: 01929 422620**

OPEN Thur/Fri/Sat - Pizzas, special offers, side drinks collect at door or **FREE DELIVERIES**
(see changing menu daily on FACEBOOK Old Brick Pizza.Co.)

PET-LUV – Pet food, fish food, rabbit food, much more **FREE DELIVERY 01929 426227**

PURBECK DELI** - Institute Rd, serving from doorway 10am-2pm **01929 424891**
FREE DELIVERY WEDNESDAY for orders over £8.

COLLECTION SERVICE Ring daily before 1pm for collection next day

PURBECK VALET – Dry cleaners & launderette -collection/del.service **01929 424900**

THE SALT PIG – Butchers, ready meals, eggs, veg, fish **(Tel: orders) 01929 423616**

SWANAGE BAY FISH** – Wet fish **01929 422288**

SWANAGE & PURBECK TAXIS - **07969 927424**

(Pick up and deliver grocery orders for free – order and pay directly from supplier by phone then phone our taxi company)

Swanage Community Coronavirus

Information webpage:

<https://www.swanage.gov.uk/Community-information.aspx>

Shops & Pharmacies in Swanage

opening times webpage:

<https://www.swanage.gov.uk/Openingtimes.aspx>

PHARMACIES

Boots

1 Station Road

Monday to Saturday: 9am – 5.30pm

Sunday: 10am – 4pm

Well Pharmacy (Day Lewis)

40 Station Road

Monday to Friday:

10am – 12pm, 2pm – 4pm, and then 4.30pm - 6pm

Saturday & Sunday: **CLOSED**

Well Pharmacy

22 Station Road

Monday to Friday:

9.30am – 12.30pm then 2pm - 6.30pm

Saturday: 9am – 1pm

Sunday: **CLOSED**

BANKS

Lloyds Bank

41 High Street

Monday: 10am – 4pm

Wednesday: 10am – 4pm

Friday: 10am – 4pm

Tuesday, Thursday, Saturday and Sunday: CLOSED

Main Post Office

23-25 Kings Road West

Monday - Friday: 9am - 5.30pm

Saturday: 9am to 5pm

Sunday: CLOSED

Times are subject to change.

Nationwide

29 Station Road

Monday to Friday: 10am – 2pm

Saturday & Sunday: CLOSED

WE HONOUR OUR NHS WORKERS
BUT LET'S ALSO REMEMBER OUR
OTHER ARMY OF HEROES



Refuse Collectors



“Care at Home”
Nurses



Bus Drivers



Postmen and
women



Nursing & Care
Home staff



Supermarket and other
essential shop workers



Home Delivery Drivers
and volunteers



Schools &
Nursery staff

AND MANY, MANY, MORE